

REGULATIONS

19TH INTERNATIONAL GYMNASTICS AND DANCE FESTIVAL "GIM-SHOW 2025" FOR THE GRAND PRIX AWARD OF THE PRESIDENT OF THE CITY OF GDYNIA May 31, 2025

ORGANIZER

Młodzieżowy Dom Kultury
81-265 Gdynia, 2 Grabowo Street

Organizer's office:

phone no: +48 512 496 277, +48 58 698 86 18,

e-mail address: gimshow@mdk.gdynia.pl

coordinator: Anna Ziemann, phone no. +48 609 456 398

FESTIVAL GOALS

- Popularization of various gymnastics and dance forms
- Developing cultural and artistic activity among children and youth
- Developing healthy competition
- Creating conditions for the exchange of ideas and experiences when working with children and youth

PLACE

- **May 31, 2025 (SATURDAY)**

Polsat Plus Arena Gdynia, 8 Kazimierza Górskiego Street, 11:00

CATEGORIES AND RULES OF PARTICIPATION

1. The Festival is intended for out-of-school and school institutions as well as private individuals who are active in the amateur movement of rhythmic gymnastics, sports gymnastics, acrobatic gymnastics and other forms of gymnastics and dance.
2. The Festival will be held in two competitions: gymnastics and dance in the following age categories and forms.

GIMNASTICS COMPETITION (choreographies containing elements of artistic, sports and acrobatic gymnastics using artistic gymnastics equipment or dance props).

- up to 9 years old (born in 2016 and younger)
- 10-13 years old (born in 2015-2012)
- 14-25 years old (born in 2011-2000)

Forms: - Duets
- Mini formations (3-7 participants)
- Formations (8-50 participants)

DANCE COMPETITION (choreographies including elements of jazz dance, modern dance, hip-hop, ballroom dance, folk dance, disco dance and others without requiring the use of gymnastic equipment or dance props).

- up to 9 years old (born in 2016 and younger)
- 10-13 years old (born in 2015-2012)
- 14-25 years old (born in 2011-2000)

- Forms:** - Duets
- Mini formations (3-7 participants)
- Formations (8-50 participants)

The year of birth of most participants determines the assignment to a given age category. If the number of older participants in a formation, mini formation or a duet is equal to the younger ones, they should be registered in the older age category.

3. Participants and guardians are required to have a valid identity document or other document confirming the participant's age (school/student ID).
4. Each institution or individual may enter any number of duets, mini formations and formations in each competition and age category.
5. In a gymnastics or dance competition, a given duet, mini-formation or formation may present only one choreography in its age category.
6. The Organizer has the right to combine age categories and dance forms.
7. Duration of the performances:
 - duets performances: up to 2 minutes maximum
 - mini formation performances: from 2 minutes to 3 minutes maximum
 - formation performances: from 2 minutes to 5 minutes maximum
8. Music

The name of the music file, in WAV or MP3 format, should include the following information: names of the duet members/name of the mini formation/formation – name of the institution – age category – competition, e.g.: Muszelki formation – MDK Gdynia – up to 9 years old – gymnastics competition. The file must be sent by e-mail **by May 10, 2025** to the following address: gimshow@mdk.gdynia.pl (additionally, it is necessary to have a copy of the music file on a USB pen drive in WAV or MP3 format on the day of the Festival).

9. The cost of accreditation for participation in the "Gim-Show 2025" Festival is:
 - **PLN 100 or 25 Euro for the participant's first performance**
 - **PLN 70 or 15 Euro for the participant's each subsequent performance**

The accreditation does not apply to instructors and carers.

The accreditation must be paid **by April 01, 2025** to the account of the Youth Community Center: **46 1440 1026 0000 0000 1253 0625** as:

"Gim-Show 2025" accreditation, name of the institution, surnames and names of the duets members, name of the mini formation or formation, number of people in the team, competition (gymnastics/dance), age category.

10. The condition to participate in the Festival is to send via e-mail to the following address: gimshow@mdk.gdynia.pl **no later than April 01, 2025** the following documents:
 - correctly filled out and signed "Registration Form"
 - confirmation of accreditation payment

IMPORTANT!

- **Applications should be sent by e-mail with the name of the applying institution in the subject of the message.**
 - **Each performance of a duet, mini-formation or formation must be reported on a separate Registration Forms.**
 - **Lack of the complete set of documents and attachments may result in rejection of the application.**
11. The originals of the Registration Forms, consents and declarations of the participant/instructor/applicant signed by hand must be delivered to the Organizer no later than on the day of the Festival when registering the teams. Consents and declarations in the case of minor participants should be signed by their parents or legal guardians, and in the case of adult participants, by themselves.
 12. Signing the declaration and expressing the consents attached to the Registration Form is voluntary, but necessary to participate in the Festival.
 13. In case of resignation from participation in the Festival, the accreditation cost is not refundable.
 14. Incorrectly filled out Registration Form or failure to properly sign the consents and declarations regarding the protection of personal data will result in disqualification of the participant.
 15. The Festival performances will take place on a gymnastics carpet. All performances will only be allowed in ballet flats, toe shoes, socks, barefoot or alternative sports footwear.

JURY

1. The performances will be assessed by a jury selected by the Organizer.
2. In its assessment, the Jury will take into account:
 - gymnastics elements,
 - dance elements,
 - difficulty and execution of elements
 - use of gymnastic equipment or dance props
 - choreography,
 - variety of settings,
 - synchronization of movements,
 - expression and dynamics of movements,
 - artistic expression.
 - overall artistic impression
3. The Jury's decisions are final and indisputable.

PRIZES

1. The jury may award:
 - Grand Prix of the festival "Gim-Show 2025" with a financial prize of PLN 5,000.00
 - 1st, 2nd and 3rd places and distinctions in each competition and age category
 - special prizes
2. Each participant and instructor will receive a commemorative T-shirt with the "Gim Show 2025" Festival logo.

ORGANISATIONAL RULES

1. The detailed program of the Festival along with the order of performances will be posted on the website of the Youth Community Center in Gdynia www.mdk.gdynia.pl no later than 3 days before the Festival.
2. Institutions or persons delegating participants are obliged to insure each delegated participant for the duration of their travel and stay at the Festival.
3. Festival participants arrive at their own expense.
4. The Organizer does not provide accommodation or meals.
5. The Organizer provides sound equipment.
6. The Organizer reserves the right to present photos and videos taken during the Festival free of charge via the media channels and on the website, Facebook and YouTube channel of the Center, as well as to publish the names and surnames of trainers and Festival participants, no longer than 2 years from the following year after the competition ends. Appropriate consents and declarations are included on the Registration Form.
7. A person registering a formation for the Festival is obliged to correctly provide the author of the lyrics and music composer as well as the titles of the pieces used during the performance in the Registration Form. Providing unreliable, incomplete information (in particular the authors of music and lyrics) will result in rejection of the application. The accuracy of the data rests with the person completing the form.
8. The Organizer stipulates that Festival participants are obliged to use songs, artistic performances and phonograms while respecting the copyrights or related rights of their authors, performers and producers.
9. The Organizer is not responsible for items left in the dressing rooms or lost in the hall.
10. The Organizer reserves the right to change the regulations, change the date or cancel the Festival without giving a reason.
11. Everyone attending the Festival is obliged to follow the Organizer's recommendations as well as fire protection and health and safety regulations.
12. Information regarding the protection of personal data are included in the Information Clause attached to this Regulations document – Annex No. 1 to the Regulations.

INFORMATION CLAUSE

1. The Data Controller, i.e., the entity deciding which personal data will be processed, for what purpose, and by what means, is Młodzieżowy Dom Kultury (MDK) (Youth Cultural Center) located in Gdynia, ul. Grabowo 2, phone: (58) 698 86 18, email: biuro@mdk.gdynia.pl.
2. For all matters related to the protection of personal data, you have the right to contact our Data Protection Officer at the Controller's address or via email: iod.edukacja@gdynia.pl.
3. The legal basis for processing your personal data is consent for personal data processing – Article 6(1)(a) of the GDPR. Your data will be processed for the purpose of organizing, preparing, conducting, and promoting the event:– 19th INTERNATIONAL GYMNASTICS AND DANCE FESTIVAL "GIM-SHOW 2025" FOR THE GRAND PRIX AWARD OF THE PRESIDENT OF THE CITY OF GDYNIA.
4. Your personal data will be processed in the following scope:
 - Participant's personal data (child/adult participant), such as: name and surname, date of birth, image, address of the institution attended by the participant;
 - Instructor's/Submitter's personal data, such as: name and surname, contact email address, phone number, bank account number (for accreditation payment).
5. If you provide an email address or phone number, it may be used by the organizer to contact you regarding matters related to the Festival.
6. Providing your personal data is voluntary, but necessary to achieve the purposes for which they were collected. Without providing this data, participation in the Festival will not be possible.
7. Your personal data will be processed for the period necessary to fulfill the processing purpose in accordance with the institution's JRWA (Unified Material List of Records) resulting from the Act of July 14, 1983 on the National Archival Resources and Archives, but no longer than 2 years from the year following the conclusion of the Festival or until consent is withdrawn. Data related to accreditation payments will be stored for 5 years from the end of the fiscal year following the payment year.
8. Personal data, including participants' and instructors' images, may be disclosed in connection with announcing Festival results and awarding prizes as well as promoting the Festival on websites of Gdynia City Hall and MDK's websites, during events organized by MDK's director (e.g., public disclosure of laureates' personal data or public presentation of images – photos or festival videos), and on social media platforms such as YouTube and Facebook. Please note that YouTube and Facebook servers are located in the United States of America, where different regulations regarding personal data protection apply.
9. Processed personal data may be transferred to entities that must receive such data to fulfill a legal obligation or entities entrusted with processing tasks necessary to achieve processing purposes (e.g., accounting and financial service providers or IT solution providers, postal operators).
10. The collected personal data will not be processed automatically or subjected to profiling.

11. You have the following rights regarding your personal data:

- The right to access your data and receive a copy,
- The right to rectify your data if it is incorrect or outdated,
- The right to restrict processing,
- The right to withdraw consent for processing at any time.

12. You have the right to lodge a complaint with **the President of the Personal Data Protection Office** at Stawki 2, 00-193 Warsaw.